

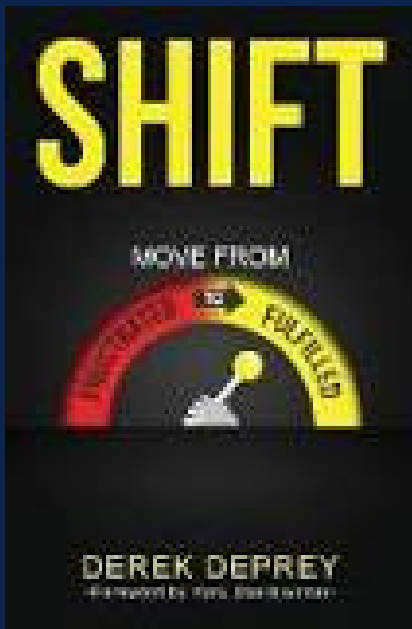
WISCONSIN BADGER CHAPTER OF CMAA
PROFESSIONAL DEVELOPMENT SESSION
BY: DEREK DEPREY

SHIFT: MOVE FROM FRUSTRATED TO FULFILLED

TUESDAY, MARCH 27
THE MILWAUKEE CLUB



**COMPLIMENTARY
COPY OF
DEREK'S BOOK**



**TO FIRST (40)
REGISTRANTS**

SHIFT:

Every day, we move in one direction or another. We're free to choose from endless possibilities. Only you can choose the direction for the rest of your life. Whether you are a seasoned executive, emerging leader, stay-at-home parent, or college student, frustration is inevitable. Now is the time for you to SHIFT from, "I'm so busy and stressed," to "I'm living my ideal life right now."

In this presentation, Derek will teach you a 5-gear process that you can apply in your personal and professional lives. Each gear will uniquely move you from frustrated to fulfilled. Through powerful questions and compelling exercises, you'll discover how to make today the day you are inspired to change. It's your next move!

LEARN HOW TO:

- Confront your fears
- Form your core values
- Pursue personal growth
- Visualize your preferred future
- Adopt a positive mindset
- Personalize your ambitions
- Exercise meaningful action
- Fulfill your ideal life
- Inspire fellow travelers

3 CHAPTER CREDITS

PROGRAM

8:30AM

CHECK-IN
CONTINENTAL BREAKFAST

9:00AM

DEREK DEPREY
SHIFT: MOVE FROM FRUSTRATED
TO FULFILLED

12:00PM

LUNCH

1:00 PM

CLOSING REMARKS

REGISTRATION

CMAA MEMBERS & GUESTS
\$50 FOR FIRST (2) THEN \$25 EACH

RETIRED CMAA MEMBERS
\$25

STUDENT CMAA MEMBERS
COMPLIMENTARY

PLATINUM CORPORATE PARTNERS
(2) COMPLIMENTARY

ATTIRE: BUSINESS CASUAL

NO DENIM PLEASE

KGCOLLINS@SBCGLOBAL.NET OR
WWW.WISCONSINCMAA.ORG



DEREK DEPRY

Much of Derek's day is spent as the director of training and development as well as a general manager for the Wisconsin Athletic Club (WAC) where he teaches his staff the core principles of leadership, training, and personal development.

Shortly after joining the WAC, Derek couldn't get enough of what he was studying, learning and applying, so much that he created his own business, Move Results, as an avenue to engage and impact others through motivational speaking, leadership skill-building coaching, and writing. Derek feels that the best business to start is one that you need yourself. He just knew it was right because, still to this day, he goes to bed and wakes up every morning excited to pursue his business. It truly blends his day job and dream job.

Derek's diverse career endeavors also include Wisconsin Lutheran College as an adjunct professor of adult and graduate studies. Additionally, he is certified to teach content from John Maxwell, Franklin Covey and Ken Blanchard.

In his past career, Derek spent four years as a video scout in the NBA with the Milwaukee Bucks, two years as the coordinator of basketball operations in the NCAA with Marquette University, and one year as the director of player development with the University of Utah.

If there is anything he's learned in the past decade, it's that now is the time to build your career, to shape your life, and to strategically work on laying the foundation for accomplishing your dreams and prospering to your true potential. While there are many people who try to accomplish this, very few of them are given a road-map of where to start; thus, Derek hopes you will find him as your resource for getting your compass pointed in the right direction.

Connect at DerekDepry.com