

# BE BETTER BE DYNAMIC

IGNITING A BETTER YOU



**Westmoor Country Club**  
**August 21, 2018**

This total wellness presentation is designed to inspire and motivate you to be better and feel better and give you tools and tips that you can apply immediately despite your hectic schedule.

**7:30 A.M. - Full Breakfast**

**8:00 - 10:00 A.M. - Education Session**  
**(2) Chapter Credits**

**REGISTRATION:**

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[www.wisconsinmaa.org](http://www.wisconsinmaa.org)

Business Casual Attire

CMAA Members & Guests

\$20 first (2) then \$15

Retired Members - \$15